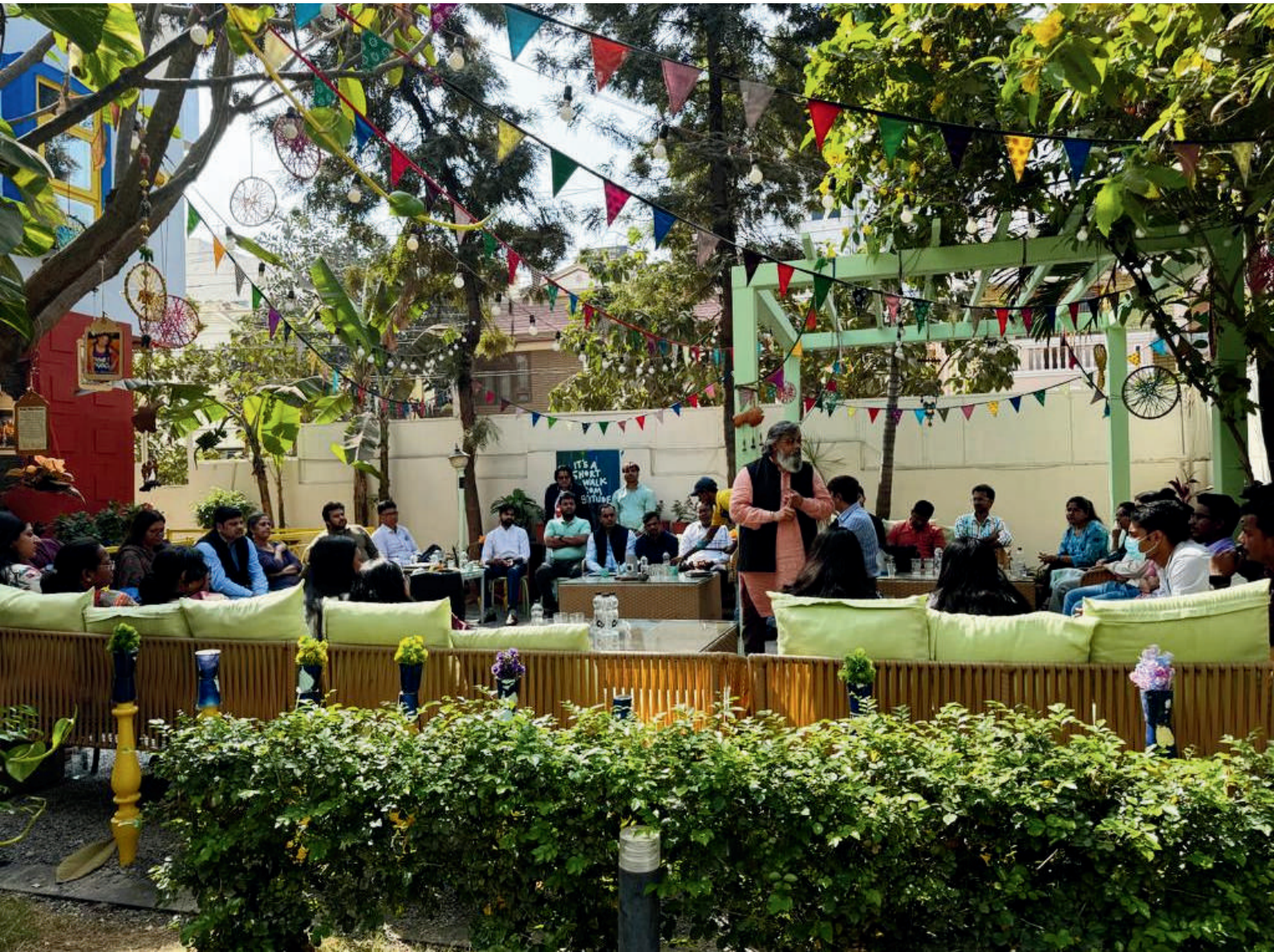




unicef   
for every child



# NEWSLETTER VOLUME 1

DECEMBER 2023 TO MARCH  
2024

BY  
**AGRICONS FOUNDATION**









# EDITOR'S NOTE

**Hello,**

Thank you for picking this newsletter up and giving us your valuable time. This is the very first newsletter from Agricons Foundation and we are very excited to present to the world what we have done so far.

We are a fairly new NGO with a large dream and big vision, and what you will see here in this newsletter are the very first steps towards building an impactful organization.

From December 2023 to March 2024, we have not just conducted activities, we have built a team of individuals with a sparkle in their eyes, we have devised plans to onboard more than more volunteers, we have conducted workshops and training sessions, and we have ensured that we reach out to as many people as possible to promote some pre-selected social behaviors and raise awareness on Mental Health.

In this period, 4 'Swayamseva se Swayamsiddh' Workshops were held at 4 different districts across Chhattisgarh, the workshops have had a lasting impact on the volunteers.

The 2-day long workshop on Mental Health by Yogesh Purohit witnessed a lot of self-reflection and some personal stories of struggles and successes.



The Hum Honge Kamyab campaign successfully helped the students in dealing with stress better, and the POSHAN Pakhwada campaign engaged volunteers across the districts to raise awareness on nutrition for women, children, and adolescent girls.

What a quarter we have had, and this is just the beginning!

To make all of this come to life, we are extremely grateful to have UNICEF as the partner which supports us at every step of the way.

You are welcome to join us in this journey, and stay tuned for all the grassroots work that we will embark on soon.

*Ananya Jha*

# SWAYAMSEVA SE SWAYAMSIDDHA

## THE ESSENCE OF VOLUNTEERISM

'Swayamseva' – translates to volunteering, and 'Swayamsiddh' which means – the one who has learnt to accomplish by oneself. To re-ignite the spark of volunteerism amongst the volunteers of different districts – 4 'Swayamseva se Swayamsiddha' workshops were conducted in different parts of Chhattisgarh.

Prof. Dr. Deepak Teraiya was the esteemed speaker and moderator of all of these workshops. Dr. Teraiya is an esteemed motivation speaker from Gandhinagar, Gujrat. With his profound experience, he has curated some modules on Learn, Live and Lead while incorporating different interactive activities for the participants.



He is a storyteller by nature and his unique style of delivering messages through stories was not only heard by the participants but was able to touch their hearts and sparked inspiration to reconnect.

Between January 8 to 11, 2024, workshops were held in different locations, Janjgir Champa, Jashpur, Bilaspur, and Kabirdham. Despite the geographical diversity, the core objectives remained consistent – to inspire and empower volunteers to actively participate in community service. All workshops were organized by Agricons foundation, UNICEF, District administration and some other UNICEF partners.

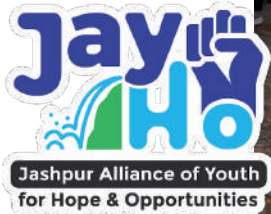
Key stakeholders, including district administrators, UNICEF representatives, and local dignitaries, lent their support and guidance to the workshops, emphasizing the importance of youth involvement in nation-building and community development initiatives.

UNICEF SBC Specialist, Mr. Abhishek Singh along with SBC consultant Mr. Rahil Subedar were present at all workshops except the one in Kabirdham.

आइए इस प्रोग्राम से जुड़कर अपने स्वयंसेवा कौशल को दें नई दिशा।



In Jashpur district, a total of 101 Jay Ho Jashpur volunteers participated in the workshop, district coordinator Mr. Anil Baghel organized the workshop at Govt. College.



In Janjgir Champa district, the district collector IAS Mr. Akash Chhikara, along with some district officials, DC Bilaspur & trainer Yogesh Purohit and the team of Yuvoday Hasdeo ke Hero led by Ms. Divya Rajput were present. A total of 155 Yuvoday Hasdeo Ke Hero volunteers participated in the workshop.



IAS Mr. Akash Chhikara



स्वयंसेवा से  
स्वयंशिद्ध





In Bilaspur, the district collector IAS Mr. Avinash Singh, Additional SP Mrs. Archana Jha, other district officials, Program Coordinator & trainer Ms. Danish k Hussain and the team of Bilaspur led by District Coordinators Ms. Rumana and Mr. Yogesh Purohit were present.

A total of 112 Yuvoday Manobal volunteers participated in the workshop.



Mr. Abhishek Singh  
SBC Specialist, UNCIEF

## स्वयंसेवा से स्वयंसिद्ध



The occasion was also used to inaugurate the new logo and name of Manobal Volunteer group to 'Yuvoday Manobal'.







In **Kabirdham district**, district child protection officer Mr. Satya Narayan Rathore, other district officials

Program coordinator & trainer Ms. Danish K Hussain, and the district team led by District Coordinator Mr. Deepak Bagri were present.

A total of 107 Kavir Volunteers participated in the workshop.



In **Raipur**, a small session was conducted for UNICEF Raipur Office staff, and people, volunteers and interns from different UNICEF partners across Raipur. A total of 40 people participated in the event held at Nukkad Café, Rajendra Nagar. The session also focused on lead, learn and live by Dr. Deepak Teraiya.

Overall, these workshops served as catalysts for youth empowerment, fostering a sense of purpose and agency among volunteers. By unifying volunteers from different districts and providing them with the necessary skills and knowledge, these workshops laid the foundation for sustained community engagement and collective progress.





# A FUN FILLED TRAINING ON COMMUNITY MENTAL HEALTH - DURG

A training session on community mental health was held in Durg in December of 2023 by Ms. Danish K Hussain. The training was aimed at enhancing mental health understanding amongst volunteers of NSS and Yuvoday Durg Ke Doot.

The session comprised of engaging activities such as meditation, a communication game, and the fun concentration glass game to facilitate a holistic learning experience.

The session commenced with an exploration of mental health, highlighting the nine characteristics of mentally healthy individuals. Distinctions between mental health, poor mental health, and mental illness were elucidated. Volunteers were educated on maintaining good mental health, fostering resilience, positive thinking, and self-awareness.

The meditation exercise provided practical relaxation techniques, guiding volunteers through mindfulness meditation for stress management. The communication game emphasized on the importance of effective communication skills, promoting active listening and empathy within the group. The concentration glass game enhanced focus and cognitive skills through interactive challenges and lots of fun.

A dedicated segment focused on the Yuvoday – Durg Ke Doot volunteers, their role as a bridge between administration and the community, along with outlining the benefits of volunteering from the perspective of practicing mental wellbeing.





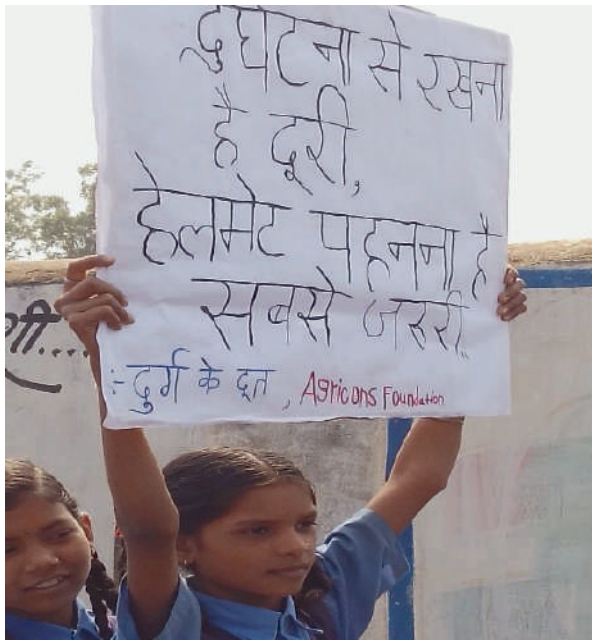
# HASDEO KE HERO VOLUNTEER FOR SOCIAL SECURITY LINKAGES

In Janjgir Champa District, more than 150 volunteers of Yuvoday Hasdeo Ke Hero volunteered to ensure that their community is linked with various government schemes under the aegis of the 'Vikasit Bharat Sankalp Yatra' Shivir.

The volunteer mobilized community members, raised awareness on several social security schemes with special emphasis on Anganwadi & Women and children focused schemes.



# THE ROAD SAFETY WEEK



The Road Safety week was celebrated from 11th to 17th of January 2024. During the road safety week, volunteers of Yuvoday Durg ke Doot and Yuvoday Hasdeo ke Hero, raised awareness on the importance of road safety and precautions to take.

Some volunteers conducted rallies, others made videos, and some stood on traffic lights to promote the message. The campaign reached more than 400 people on ground across the 2 districts.





# REPUBLIC DAY 2024

The 75th Republic Day was celebrated with grandeur in Durg and Janjgir Champa districts.

**In Durg district**, during the republic day celebrations, 4 Durg ke Doot volunteer were awarded with certificates of appreciation for their remarkable volunteer work.

The certificates were awarded by the district administration, by the deputy chief minister of Chhattisgarh Mr. Vijay Sharma, district collector IAS Ms. Richa Prakash Chaudhary in the presence of various dignitaries.



**In Janjgir Champa District**, Yuvoday Hasdeo Ke Hero volunteers were also given certificates of appreciation in the presence of chief guest Bilaspur MLA Amar Aggarwal, the district collector IAS Mr. Akash Chikara and other dignitaries.







# NATIONAL GIRL CHILD DAY

24TH OF JANUARY 2024



On National Girl Child – 24th of January, a celebratory event '**Ek Daud Betiyon Ke Naam**' was organized by the district administration and WCD department of Durg district. Some Yuvoday Durg ke Doot volunteers participated in the event and 5 of them won the marathon and were awarded for it as well.

A rally was organized promoting '**Beti Bachao, beti padhao**' in Damdha block, and celebrations at schools were also held.

**In Janjgir Champa District**, an event was organized by WCD department and Yuvoday Hasdeo ke hero team of Janjgir district for all young girls at district auditorium. Priyanka Agrawal from Legal Services authority and Anita Agrawal, District officer at WCD, along with Yuvoday Hasdeo Ke Hero team led by Ms. Divya Rajput were present.

More than 450 Female students participated in the event, some of them were volunteers as well. The event included many cultural and interactive activities to raise awareness and celebrate the strength of girls. Talks were also held on adolescent nutrition & Health, Anemia etc.





# YUVODAY - DURG KE DOOT - VOLUNTEERING FOR SOCIAL SECURITY LINKAGES - MAHTAARI VANDAN YOJANA



In Durg District, Yuvoday Durg ke Doot volunteers raised awareness and provided support to eligible women in their communities to link them with the new Mahtari Vandana Yojana scheme.

A total of 60 volunteers were engaged in the activity, and more than 3000+ eligible women were linked to the scheme. The work was done in sync with some anganwadi and other FLWs.

The Bhilai Municipality commissioner Mr. Devesh Kumar Dhruw appreciated the work done by Yuvoday volunteers.



# RAISING AWARENESS FOR A 'BREAST CANCER FREE' – DURG



On 17th of February 2024, the district administration of Durg district along with its department of health organized a camp for breast cancer awareness and check-ups.

Yuvoday Durg ke Doot volunteers provided support for community mobilization, awareness, and other logistic support during the camp. The camp reached more than 100 women.





# 2-DAY LONG TRAINING ON COMMUNITY MENTAL HEALTH AT JANJGIR CHAMPA

A 2-day long workshop on 'Aao Baat Kare': community mental health workshop was organized at the meeting room of the District Panchayat, Janjgir Champa district by Agricons Foundation. The workshop was conducted by Trainer Mr. Yogesh Purohit.

## DAY 1

On the first day, the trainer talked about society's attitude towards mentally ill people and how the perception is extremely pessimistic. He said that subconsciously or sometimes consciously we look down upon their mental health without understanding it.

The trainer conveyed the importance of the surrounding community and environment on any person's mental health and what role does the community play in an individual's journey from bad mental health to good mental health and vice versa. He elucidated on the importance of community in any individual's mental health journey.



Several activities were conducted to keep the participants engaged throughout the day.



unicef

Paul Hamlyn Foundation

# आओ बात करें...

सामुदायिक मानसिक स्वास्थ्य कार्यक्रम



# DAY 2

On the second day, a session was held in detail around the symptoms of mentally unhealthy people and how to identify these people. It was done to ensure that the participants understand empathy and practice it instead of judgement.



Then methods to promote self-care and positive mental health for the community was discussed thoroughly.

According to the trainer, Yogesh Purohit, the easiest way to lead a happy and healthy life is to talk openly about our feelings and express them in the best possible manner without loved ones. said that it is the easiest way to live a healthy life.

A total of 35 people participated in the 2-day long workshop, including Yuvodaya Hasdeo Ke Hero Nodal Officer Mr. Sunil Kumar Sahu, some college professors from various blocks, hostel teachers, Superintendent, ABEO and Hasdeo ke Hero volunteers. The workshop was attended and convened by District coordinator Ms. Divya Rajput and her team of block coordinators.



Logos for UNICEF, AIC, and Paul Hamlyn Foundation.

**आओ बात करें...**

सामुदायिक मानसिक स्वास्थ्य कार्यक्रम



# BIU MODERATOR TRAINING – ONLINE & IN-PERSON

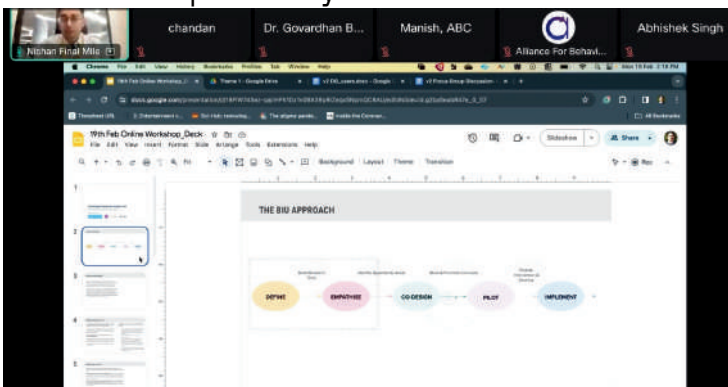


On February 23, 2024, a one-day long **Behaviour Insights Unit (BIU)** In-person Moderator Training on Adolescent Anemia was conducted in Raipur, Chhattisgarh. The event aimed to orient and train moderators and supporting district officials from selected blocks on BIU's approach towards the pilot study on adolescent anemia, thoroughly train them on research methodology and techniques, and discuss the in-depth interview questionnaire for the pilot study.



Relevant stakeholders from Mahasamund, Kondagaon, and Surajpur were invited, and Mr. Nishan Gantayat, Project Lead of Final Mile Consulting, was the trainer for the moderators. At BIU, an in-depth interview questionnaire was developed by UNICEF, Final Mile & NIT for review. A preliminary online meeting was also held on February 19, 2024, with stakeholders to discuss the pilot study.

Dr. Govardhan Bhatt, BIU Convenor, Mr. Chandan Rai, UNICEF SBC Consultant, and Mr. Nishan Gantayat addressed the participants, emphasizing the importance of collaboration among stakeholders for the successful execution of the pilot study. Mr. Gantayat elaborated on the purpose, aim, and objectives of the pilot study, along with the research techniques to be employed. He emphasized the Final Mile approach to mapping emotions, mental models, and decision-making aspects, highlighting the impact of social environments.



A total of 22 participants attended the training, including DMCs, district and block officials from Kondagaon, Surajpur, and Mahasamund, members from CG Alliance for Behaviour Change, UNICEF, Agricons Foundation, and BIU host NIT Raipur. The training commenced with introductions and expectation mapping, revealing participants' eagerness to engage with the thematic content.

A significant portion of the training focused on capturing compelling stories rather than mere opinions, employing the 5W and 1H approach to collect rich data. Discussions centered on conducting effective individual in-depth interviews, including setting the right tone and ensuring ethical considerations such as participant consent.





The post-lunch session involved a detailed review of the designed questionnaire for structured in-depth interviews, with input from all stakeholders before finalization. A mock trial was conducted, allowing trainees to practice moderation and participation across four teams. A feedback session concluded the training, with trainee reviews and final remarks from Mr. Gantayat, ensuring a comprehensive and productive learning experience for all participants.



Closing remarks and a vote of thanks were delivered by Ms. Ananya Jha, acknowledging the active participation and dedication of all attendees throughout the training session. She expressed gratitude to Mr. Nishant Gantayat for his insightful guidance and expertise in facilitating the training.





# COMMUNITY MOBILIZATION THROUGH NUKKAD NATAK'S ON MALNUTRITION: “HUMNE YAH THANA HAI, KUPOSHAN KO DOOR BHAGANA HAI”

Under the Aegis of **Community Management of Acute Malnutrition (CMAM)** campaign, an awareness campaign on malnutrition was executed in Mohala-Manpur-Ambagarh-Chowki and Mahasamund districts of Chhattisgarh.

A script was prepared for Nukkad Natak or street play on malnutrition, some IEC material was also prepared to go with it, and many volunteers of Bharat Scouts and Guide (BSG) as well as Nehru Yuva Kendra Sangathan (NYKS) prepared and practiced for the street play. The street plays talked about how to identify malnutrition, what are the early signs of malnutrition to look for, the reasons for malnutrition amongst children from unclean water, food & related practices, not taking enough care during pregnancy etc.



A total of 99 street plays were conducted in 99 different villages / wards in these districts. Through these street plays more than **6100 people** across these districts.

Mr. Abhishek Tripathi and Mr. Chandan Kumar, SBC consultants from UNICEF CG guided the campaign throughout.





# AYUSHMAN CARD MAHA ABHIYAAN AT JANJGIR CHAMPA

Ayushman Card is an essential health insurance scheme run by the Government of India. To ensure that all beneficiaries can reap the benefits of this scheme, Yuvoday Hasdeo ke Hero organized an Ayushman Card Mahabhiyan – wherein more than 50 volunteers helped over 500 beneficiaries in registering themselves for the scheme.



The volunteers also reached out to over 1000 people and explained the benefits and importance of having an Ayushman card.

# HUM HONGE KAMYAB – PARIKSHA PE CHARCHA

Hum Honge Kamyab is a campaign which has been run by UNICEF & some of its partners for over 2 years now. Under this campaign, sessions are held with High school students who are scheduled to appear for their board exams this year, they are taught methods to ease any exam related anxiety and stress. They are given positive coping mechanisms to deal with fear, unhealthy competition, and pressure to score the maximum marks.

The students are also taught to unlearn that their self-worth and value is directly linked to the grade or percentage that they will score in their exams. They are taught to value themselves for who they are which is far beyond a score.





This year, the campaign was run in 46 high schools across Durg and Janjgir Champa districts as well. These sessions reached a total of 3227 high school students.



Taking the Hum Honge Kamyab campaign further, In Janjgir Champa, District Collector, IAS Mr. Aakash Chikara also held an in-person Q&A session after PM Modi's online Pariksha pe Charcha session. 400+ high school students were present at the FAQ session and another 500 joined online.

Overall, more than 4000 high school students were better capacitated to deal with exam induced stress.



**हम होंगे कामयाब**



# POSHAN PAKHWADA

Under the Aegis of POSHAN (Prime Minister's Overarching Scheme for Holistic Nourishment), POSHAN Pakhwada was celebrated across India from 9th to 23rd March 2024. The team and volunteers of Yuvoday Durg Ke Doot and Yuvoday Hasdeo Ke Hero also ran awareness campaign on nutrition during the same time period.

The campaign focused on raising awareness on nutrition with 4 beneficiaries in mind – Pregnant women, new mother, adolescent girls, and children. The reference point for all this was the Anganwadi center which has been established as the reference point for all of the beneficiaries.



The team interacted with Anganwadi workers, the children, caregivers, pregnant women and lactating mothers to promote behaviors such as ANC checkups, appropriate vaccinations, participating in 'Vajan Tyohar' to identify early signs of malnourishment, taking iron supplements and iron rich diet etc.

The teams directly reached thousands of people through this campaign. There were more than 40 wall writings done by the volunteers, some volunteers used mic to promote the messages of nutrition, many group meetings and individual meetings were held primarily at Anganwadi centers and some at schools.



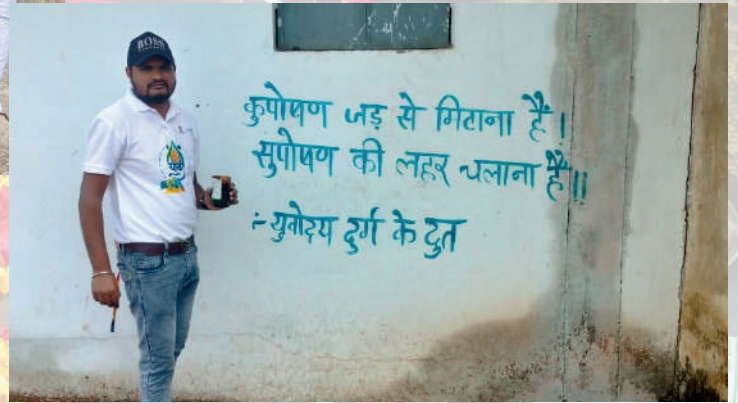
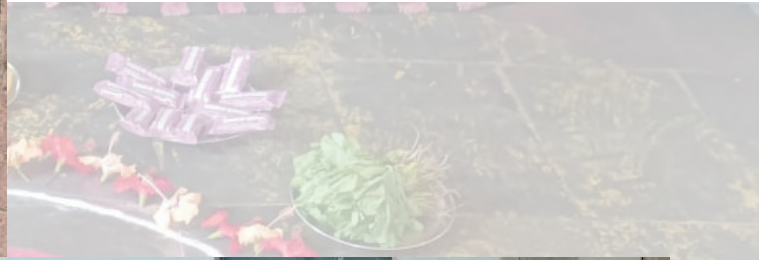


# POSHAN Abhiyaan

PM's Overarching  
Scheme for Holistic  
Nourishment



सही पोषण - देश रोशन





# PADHAI KA KONA - AAJ KYA SEEKHA?

Yuvoday Hasdeo Ke Hero team led by DC Ms. Divya Rajput participated in in the 3-day long Jajalyadev Lok Kala Mahotsav.

On 10th of February, the 'Padhai ka Kona' and 'Aaj Kya Seekha' Programs were inaugurated in the presence of CG State finance minister Mr. O.P Chaudhary, UNICEF CFO CG Mr. Job Zachariah, District Collector IAS Mr. Akash Chikara, UNICEF SBC Consultant Mr. Chandan Kumar and many other dignitaries.



A stall representing the volunteer group Yuvoday Hasdeo ke Hero was also set up by the team at the Agritech Mela in the Mahotsav. Several volunteers participated in the event and demonstrated the spirit of volunteerism. Ekam foundation graciously supported the team in making the necessary arrangements to represent themselves at the event.





“Padhai ka Kona” is an initiative wherein parents and students are motivated and nudge to have a dedicated space however small for the study time. The space called “Padhai ka Kona” can be any corner of the house where the child can keep his or her books, can study with adequate lighting and the parents support them by keeping the area quite and study friendly at least during the study hours. This is to inculcate the behavior of sitting at a particular spot to study amongst children.

“Aaj Kya Seekha” is a joint initiative wherein parents are nudged to ask their children on a daily basis – “Aaj Kya Seekha” which translates into ‘What did you learn today?’ The initiative aims to inculcate learning behaviour and will also ensure participation of parents in inculcating that behavior.





# HAR MAA SWAYAMSEVAK, HAR MAA SWAYAMSIDDH

“

Jai Johar, I am Sunita Dewangan from Gram Panchayat Choriya, of block Bamhanidih, Janjgir-Champa district.

I have completed a diploma and a course on Textile Technology from the Indian Institute of Handloom Technology, Champa. I provide training to weaver families under GOI's Samarth Scheme.

On January 9, 2024, I had the opportunity to attend a program named "Swayamseva se Swayamsiddh", I got to know about the workshop through the block coordinator of Yuvoday Hasdeo ke Hero – Tarun Kumar.

It was an inspirational training program organized by UNICEF and District administration where I had the chance to meet Professor Deepak Teraiya Ji, a life coach and motivational speaker from Gujarat, who shared his life story and ways to succeed in life.

I got to learn a lot in this training program, I enjoyed participating in the various engaging activities. Most importantly, I got to know about myself, how can I become self-reliant through volunteerism.



**Sunita Dewangan  
Volunteer  
Yuvoday Hasdeo Ke Hero**

Professor Teraiya gave us an activity to do at home, where we had to go and ask our mothers -what reward/ salary would she like to draw for the daily chores that she does for us. This activity brought a radiant smile to my mother's face when I did it.

**This is when I actually understood the value behind swayamseva.**

After this program, I also underwent significant changes. I overcame my hesitation in talking to new people and learned how to interact with people within society and raise awareness. Now, I can confidently communicate with people and express myself without hesitation.



”



# VOLUNTEERING FOR WOMEN, VOLUNTEERING FOR SOCIAL SECURITY



“

Jai Hind, I am Mamta Devangan, a volunteer of Yuvoday Durg Ke Doot as well as the National Service Scheme (NSS).

Recently, I volunteered to fill out the online forms for the Mahatari Vandana Yojana. Under the scheme run by the current CG State government, every married women would receive an amount of 1000 INR through direct beneficiary transfer to promote empowerment of women, reduce prevalent gender based inequalities, better health and nutrition status of women etc.

We faced several difficulties while filling out the forms, such as server downtime, missing documents of some women, incorrect filling of forms, incomplete information in forms, and pre-registration of many forms. Yet, we didn't give up, it was important for these women to be connected to the scheme and as volunteers we had chosen to be of some help, we could not back out halfway through.



**Mamta Dewangan  
Volunteer  
Yuvoday Durg ke Doot**

Our effort was to ensure the registration of all women and that all women could benefit from the Mahatari Vandana Scheme because among us, there are many women who are facing various difficulties in managing their households.

I contributed by filling out more than 50 forms and motivating fellow volunteers to keep going. And thus, we succeeded, it wasn't too much work, but just a little bit of help and determination from the volunteers ensured that these women get linked to what is rightly theirs.



”





# MAHTARI VANDAN YOJANA – MERA ANUBHAV



“

The aid provided through this commendable Mahtari Vanan Yojana initiated by the government will not only empower women economically but also enable them to become self-reliant and skilled with the help of this money. Women can not only manage their expenses with this money but also start a small business with a small amount.

After becoming a volunteer, I got the opportunity to be exposed to a more vulnerable part of society which we can easily be ignorant towards.

I still remember when we used to organize awareness camps and service camps in different areas of the district, I saw many mothers, many sisters, some of whom are economically very weak, disabled, who have to support their families and feed their children on their own.

I also met some elderly mothers who couldn't even walk properly and some who couldn't even see properly, it ached my heart to look at their state. Some of them were even incapable of fulfilling their daily needs of food and other necessities.



**Bhavesh Kumar Sahu**  
**Volunteer**  
**Yuvoday Durg ke Doot**

Learning about this scheme of the state government, I was very happy that now those elderly mothers, those sisters will be able to fulfill some of their daily needs. My wish is that every mother, every sister benefits from this scheme, no mother, sister should be deprived of it, and with this inspiration,

I successfully filled out **more than 256 forms** and ensured that I could link the maximum number of women to this scheme.



”



# BREAST CANCER AWARENESS – VOLUNTEER EXPERIENCE



**Jharna Sahu**  
**Volunteer**  
**Yuvoday Durg ke Doot**

“

I am Kumari Jharna Sahu, and as a volunteer of Yuvoday, I had the opportunity to assist in the "Breast Cancer Camp" at the District Hospital, Durg. As a volunteer, I assisted doctors in conducting check-ups for rural and urban women and girls who came from nearby areas to the camp. I was extremely happy to contribute to this program aimed at making all those women and girls breast cancer-free, by early detection and prevention.

These activities fill me with a lot of gratitude and make me feel extremely happy. I will continue to provide my full support in similar programs in the future. It will be fortunate for me to continue receiving such opportunities.



”





# MY INTERNSHIP JOURNEY

“

I am Tanisha Jaiswal, a student from TISS Mumbai.

I joined Agricons Foundation for a short Internship working on the ground in Durg district. I got to experience and learn the lesson of resilience and togetherness.

I had never worked in the social sector before, but it was good fortune to be working with Agricons Foundation. During the internship, I was teamed with the team of Yuvoday Durg ke Doot, who are working under the UNICEF project on Social Behaviour Change.

The Yuvoday Program gave me a great amount of exposure to rural life. In this process, I visited several villages and their respective Anganwadis for a survey on the well-being of pregnant women. The rural exposure really made me face the realities of life, and the ignorant world that we live in. It helped me develop compassion for society at large and learnt to look and think beyond what is visible to my eye on a day-to-day basis.

I also got an opportunity to cover the success stories of volunteers from various districts. All of the stories were very unique and conveyed some inspiring messages.



**Tanisha Jaiswal**  
**Student**  
**TISS, Mumbai**

I was stunned by their dedication to bringing desired change in society. They brought the core of their ideas to the change through ground level implementation of tasks.

We also participated in a mental health session for high school students, which seemed much needed to create awareness in the surroundings. It was not surprising to see that stigma around mental health exists in rural areas as well. I was also part of the voting awareness campaign, which was appreciated by the passers-by.

I must mention I had very cooperative, supporting, and hard-working seniors, who taught me so much about the groundwork, the purpose behind volunteering and different pre-defined behaviors.

”

# STORY FROM BEING A VOLUNTEER TO A LEADER

Yogesh Kumar Sau is Yuvoday Durg ke Doot volunteer and a UPSC aspirant who aspires to be a successful IAS officer someday.

He was always inclined towards working in the social sector and wanted to do something for the betterment of society. Yogesh was a NSS volunteer already and when he got to know that becoming a Yuvoday Durg Ke Doot volunteer would give him the opportunity to volunteer for the benefit of his community, he took up the opportunity.

Here he noticed that the volunteers work selflessly without any ulterior motives. All the volunteers work together like a small family and have eventually gained the trust and affection from the community.

He thinks that social media is being used effectively and critically to spread awareness, rather than posting meaningless reels which is commonly seen among the youth. Through social media as well the parents of these volunteers also get to see the good work that they are doing and start to feel proud of them.

He is very grateful for working at the ground level implementation of the tasks in hand. He is proud to call himself a volunteer of Yuvoday Durg ke Doot.



**Yogesh Kumar Sahu  
Volunteer  
Yuvoday Durg ke Doot**

Within a span of about an year, he has seen drastic change in his personality within himself. He has become more confident, takes pride in himself and his work. He also enjoys going to different NSS camps and events.

Recently, he was awarded for Representing India in Tripura for a camp. He has also been to Odisha for an international camp where 15 international countries and 26 states of India participated in various events.

He wishes that more & more peers of him actively volunteer and change their and the communities lives for the better.







जशपुर : स्वयंसेवा से स्वयंसिद्ध कार्यशाला का हुआ आयोजन, स्वयंसेवा को सशक्त बनाने महत्वपूर्ण पहलुओं पर किया गया चर्चा

09 JAN 2024 जशपुर, स्वयंसेवा से स्वयंसिद्ध



JASHPUR



JANJIR CHAMPA

देश को आगे बढ़ाना हम सब का दायित्व- कलेक्टर ऑटोटेरियम में इन्सिपेरेशनल विषय पर एक दिवसीय कार्यशाला का आयोजन

कलेक्टर श्री अमकाल ठिकारा को अध्यक्षता में जिला प्रशासन च बुनियादी ढांचे के अभाव में...



पहिले एवं विभिन्न कलेक्टर के प्रोफेसर एच.सी.सी., बुनियादी ढांचे के अभाव में जिला प्रशासन...

परिणामों पर नहीं प्रयासों पर ध्यान दें युवा

बिलासपुर, 10 जनवरी। जिला प्रशासन और युनिसेफ के तकनीकी सहयोग से स्वयं सेवकों के लिए प्रशिक्षण कार्यक्रम 'स्वयं सेवा से स्वयं सिद्ध' आयोजित किया गया।



द्वारा युवाओं को सामाजिक सरोकारों से जोड़ने के उद्देश्य से जिले में युवाोदय कार्यक्रम शुरू किया गया है। मनोबल वॉलेंटियर्स है, जो मानसिक स्वास्थ्य के प्रति जागरूकता का कार्य कर रहे हैं।

अर्चना झा ने भी अपने अनुभव साझा किये और युवाओं से कहा कि यदि समस्या है तो उसका समाधान भी है। अपने जीवन के उद्देश्यों के लिए रास्ते तलाशें और स्वयं सेवा के माध्यम से काम करने का जो अवसर आपको मिला है उसमें सक्रिय भागीदारी निभाएं और बदलाव में अपनी भूमिका निभाएं।

BILASPUR

सरोकार रायपुर, सुक्रवार 12 जनवरी, 2024 स्वयंसेवकों को सशक्त करने के लिए "स्वयंसेवा से स्वयंसिद्ध" कार्यशाला छत्तीसगढ़ में उज्जवल प्रभाव फैला रहे हैं

KABIRDHAM

कथर्म (सरोकार पंचसदस्य)। बुनियादी ढांचे का अभाव, और बुनियादी ढांचे के अभाव में जिला प्रशासन...



रायपुर में कलेक्टर श्री अमकाल ठिकारा के अध्यक्षता में जिला प्रशासन च बुनियादी ढांचे के अभाव में...

एक दिवसीय कार्यशाला का आयोजन किया गया। कार्यक्रम में जिला प्रशासन के अधिकारियों और स्वयंसेवकों के बीच...









# AGRICONS FOUNDATION

